

# In Good Company

The Good News in Home & Personal Care

Autumn 2009



COMPANIONS for  
LIVING

Living younger, longer.<sup>SM</sup>

## Young at Heart Chorus on Tour

Young at Heart chorus has recently returned from their End of the Road tour in Europe. They are gearing up for their US tour and will be playing in New England for several shows this Fall and coming Spring. Please visit their website at [www.youngatheartchorus.com](http://www.youngatheartchorus.com) for performance and ticket information.

## Coming Soon: Our New Website!

CFL will be launching its new website very soon. Please watch for our special announcement in the coming weeks.

## Caregiver Spotlight: *Marcia*



Mr. K has been living in his home independently until about four months ago. Recently, Marcia arrived at Mr. K's home one afternoon only to find that there was no one there. She rang the doorbell several times and then proceeded to call Mr. K on his home phone but there was no answer. Marcia knew just what to do. She contacted our office right away to let us know and informed us that she was going to check with the neighbors to see if anyone has seen Mr. K. She checked with the neighbors and then called Mr. K's case manager right away to let her know what was going on. As it turns out Mr. K had to be taken to the hospital earlier in the day. Marcia was in touch with us at the office the entire time and kept her composure during this period of uncertainty. Marcia always remains calm and at ease in all situations which has enabled her to work successfully with a variety of different clients. Marcia currently works with three (and has had as many as five) clients at CFL and her continued reliability and dedication to her clients' shows. Her efforts in even the smallest task are always of the highest quality. Marcia is instrumental in the success of her clients and is an invaluable asset to CFL. We want to congratulate her in her unparalleled efforts and we look forward to her continued success with us in the future.

## CFL Raises Money and Awareness for the Alzheimer's Association

On Thursday September 17, 2009, **Companions for Living** hosted its first annual Vino and a Show as a benefit for The Alzheimer's Association at The Playhouse on Park. Companions for Living president, Julianne Roth, announced that the company had raised about \$2000 for the Alzheimer's Association Memory Walk. All proceeds were donated to **The Alzheimer's Association**. The event was well attended, and those who came were treated to a wine tasting and movie screening of Young At Heart, a heartwarming and inspirational film about a Northampton, MA based chorus that

sings rock music to audiences worldwide. The average age of these singers is 80.



# CFL Raises Money and Awareness for the Alzheimer's Association

*continued from front*

**Companions for Living** wishes to thank everyone who attended the event for their generosity along with the sponsors and donors. Wine was donated by Wine Cellars 4. Hors d'Oeuvres were provided by Mary's Catering. Cheese and vegetable platters were donated by Whole Foods Market. Deserts were provided by A Little Something Bakery. Raffle prizes were donated by Drs. Joel Goodman and Tammy Stein, Yankee Painter, American Laser Centers, Whole Foods, Colleen McCarthy - LMT, The Town of West Hartford.

Together with this event and other efforts, Team Companions for Living raised over \$2200 for the Alzheimer's Association. Look for the next Vino and a Show coming this spring!

HOLIDAY SAVINGS!

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COMPANIONS FOR LIVING, LLC  
**(860) 882-0802**

EXPIRES 12-31-10 IGCFAL-09



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